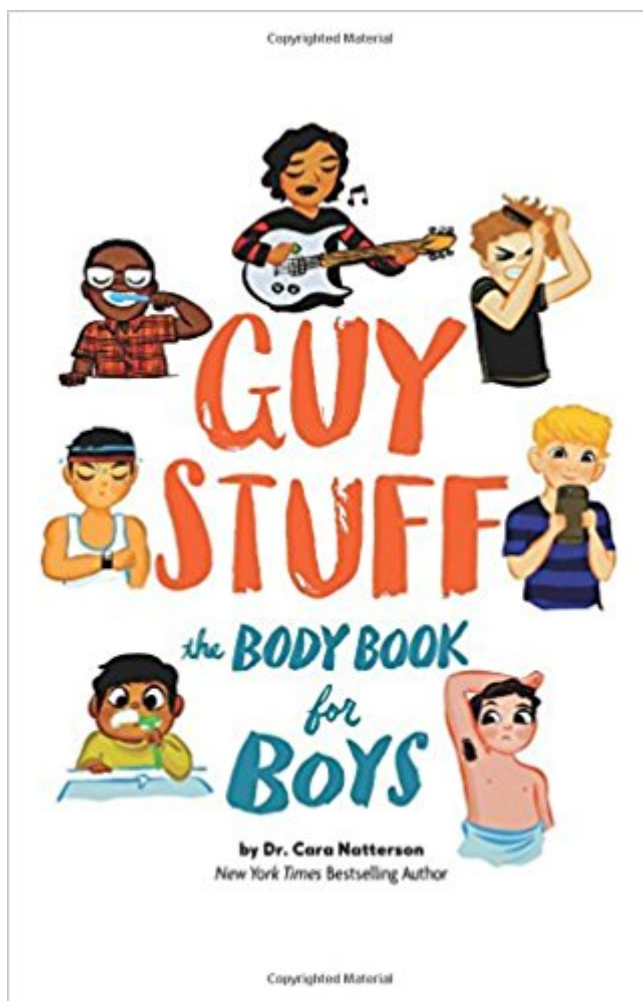


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# Guy Stuff: The Body Book For Boys



## Synopsis

From the author of the bestselling Care & Keeping of You series! This book will provide you with the answers that will help you take care of yourself better, from hair care to healthy eating, bad breath to shaving, acne to voice changes, and everything in between. With tips, how-tos, and facts from a real pediatrician, it's the perfect book to help you learn about your body's changes.

## Book Information

Paperback: 112 pages

Publisher: American Girl (August 8, 2017)

Language: English

ISBN-10: 1683370260

ISBN-13: 978-1683370260

Product Dimensions: 7 x 0.3 x 10.9 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 18 customer reviews

Best Sellers Rank: #268 in Books (See Top 100 in Books) #1 in [Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Boys & Men](#)

Age Range: 8 - 12 years

Grade Level: 3 - 7

## Customer Reviews

I accidentally came across this book via an American Girl FB post. I was so excited to see a boy's version of the girl's book that I know and love. This book didn't disappoint. It is literally the boy version of The Care and Keeping of You. It talks about taking care of your body, the changes you will see in your body, etc. For those who are wondering how in detail it gets with "boy" stuff, there is a two page spread on the different stages of growth and there are cartoon drawings to show each stage (penis/testicle/pubic hair.) There is a section that talks about circumcision and explains what it is. There is also a two page spread that talks about erections, how to hide them if it accidentally happens when you're with people, and there are a couple paragraphs about nocturnal emissions/wet dreams. This book does not go into sex or sexuality, which I love because I don't think that's appropriate for the age group the book is written for. The nocturnal emission part is tasteful and done from a scientific perspective only, i.e. it is a normal part of growing up and it is nothing to be embarrassed about, and don't worry, it's not pee. It doesn't go into anything further than that. Overall I am very happy with this book! Oh yeah- one more thing- there is no "American

Girl" branding on the front of the book, but it does have it mentioned inside the front cover, probably where most boys wouldn't read anyway. :)

Growing up in the mid-80s, my parents had several of those '70s-era "sex" books on a high shelf that my siblings and I would dare each other to peek at. This isn't "dirty" like that, but with its hand drawn illustrations, it's what it immediately made me think of. This touches lightly on sexual maturation -- the topic most boys will really be wondering about -- but is more about hygiene than anything else. With the internet today far scarier for parents -- so easy for very young, curious kids to stumble across way more graphic info than they ever even WANTED to know -- a safe, informative and straightforward book is actually not a bad idea, since we talk to our pre-pubescent kids candidly when they ask questions, but asking your mom (ewwww) about sex stuff is, in 1986 or 2017, still the worst. I wish this actually had more of that sort of age-appropriate sexual health info for boys under 12 to satisfy their curiosity, inform them accurately and yet not totally destroy their innocence when they Google "seks" and end up immediately seeing hard-core porn before their 10th birthday. (A true story in our house, which now has far more robust site filtering. Thanks Google for being so helpful as to correct the spelling! Sigh.) I also didn't want them to, like I did, have strange beliefs based on playground gossip that last into their teens because they're so naive and it's never discussed at home. After that incident we ended up getting several age appropriate books -- *It's So Amazing!: A Book about Eggs, Sperm, Birth, Babies, and Families*; *What's Going on Down There?: Answers to Questions Boys Find Hard to Ask* and *It's Totally Normal* -- all fairly and evenly and clearly cover topics that I think are harder for kids to ask their parents about, yet remain age appropriate for pre-pubescents. This one is OK, but I'd really call it an addition to the library above, rather than a replacement for any of those books.

Having read the youngest girl and older girl version of the American Girl body series, it is nice to see a version for the guys. Yes, boys have the same questions about themselves, and there is something to be said about letting them digest it on their own too. The illustrations are pleasant and not terrifying (a notable cross over from the girls books), the content is age appropriate, and the entire book reads as inquisitive and friendly without any heavy handedness. In all, a great intro book for boys and their bods.

We have a lot of daughters and *The Care and Keeping of You* has been a favorite book of the girls who have made it to their teen years already. There was no male equivalent when our son got to

that point. Luckily he is very open and didn't mind discussing things with his parents, but I know that he would have liked having this book and it would be especially great for shyer boys. Head to toe, this book discusses everything a boy needs to know about bodycare as well as the changes that occur with puberty. It is easy to read, easy to understand, very accessible. For me, I especially like it because we do foster care and there are a lot of kids who just aren't getting this info from anyone. I think this year I will donate mass quantities of this book and the girl book to our local agencies. Basic info like this seems like no big deal, but it really is the kind of BASIC info that kids really NEED!

Got this for my 9 year old. It's a good book that goes through all the basics of hygiene, eating well, your changing body and why all of these things are important. It is written in a way that my son enjoyed, not preachy, but basic, accessible language and some fun drawings. He enjoyed most of it. Overall, it's a good way to have some conversations that are weird or awkward without it being a "OMG, Dad!" kinda conversation!

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